### Group eVo 360 Sessions:

## **Group Report**

# CONFIDENTIAL

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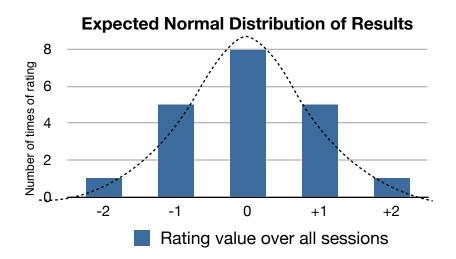
#### **OVERVIEW**

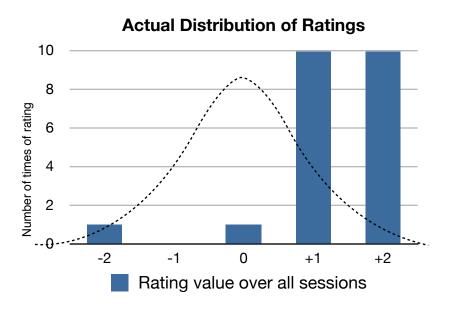
Over a 10 week period, three groups of people participated in an experiment called "Journeys 4Self Advancement." Based upon three separate studies, two in Belgium and one in Colorado, the groups agreed to co-create a protocol for using the eVo 360 in group meetings that lasted two hours each. The first hour was set aside for checking in and processing, the second hour involved passively sitting in the presence of the spinning eVo for up to an hour. At the start, the speed of the rotating eVo was around 250 rpm and was gradually increased over the 10 weeks to a speed of 500 rpm. At the start, participants stayed with the eVo for 45 minutes, while at the end the time was 1 hour at maximum speed.

An evaluation form was handed out to participants after the seventh session. The results paralleled those of the Belgium studies in several ways. Yet in other ways the results went far beyond what was reported in the Belgium study, mostly because the Belgium evaluation did not ask the same questions ... however, the events were never noted in comments either. The premise for this difference is that the group sessions provided experiences that the Belgian individual sessions did not.

#### RESULTS

The null hypothesis in the Belgium studies was that the sessions would produce no significant changes or effects. And the study clearly rejected this null hypothesis using a Student-t two-tailed test with a p<1/100th of 1% value. The next step would be to test the hypothesis of whether the sessions were beneficial—a Student t one-tailed test. It was clear that even with a one-tailed test that the null hypothesis once again was rejected, resulting in the conclusion that 95% of the participants showed a positive benefit. Here's how the expected results compared to the actual results in the Belgium study:



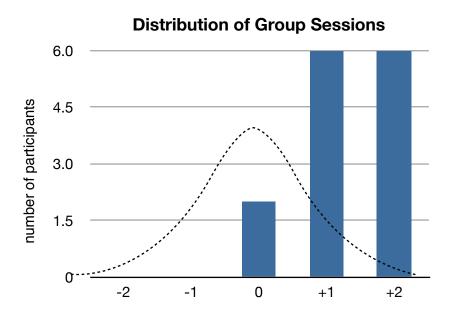


How do you rate your evolution since the beginning of the session?

Emotional State, feeling about life or myself	-2	-1	0	+1	+2
Mental State, clarity, focus, insights in life, drive	-2	-1	0	+1	+2
Body State, how you feel Physically	-2	-1	0	+1	+2

How would you rate the overall experience with the eVo 360 for yourself?

- -2 = my overall impact on life got much worse
- -1 = my overall impact on life got worse
- 0 = I see no change on how I see and experience life
- +1 = I see a beneficial change on how I deal with life
- +2 = I feel much stronger, much more positive, much more balanced, I see a very significant change and would really recommend this experience to others



Using a rating from -2 to +2 please answer the following questions;

(-2=much worse, -1=worse, 0=no change, +1=better, +2=much better)

As can be seen, the group experiment closely matches the same distribution as for the Belgium study. In the group evaluation form, participants were also asked to rate improvements physically, emotionally, and mentally. Similar results show up:



Overall, 86 percent of those answering the evaluation questions reported improvement in their lives. When broken down into physical, emotional, and mental, 64 percent said they had physical improvements, 92 percent said they had emotional improvements, and 93 percent also reported mental or psychological improvements. From a statistical perspective, all these results are statistically significant with a p value of less than 1 percent. However, it must be noted that only about 64 percent of participants filled out the evaluation form.

Of particular interest are the answers to the question as to whether the participant used the extension wire to address a physical issue. All of those who filled out the evaluation had used the wire at least once, with half having used the wire more than once. Of those using the wire, 77 percent noted either improvement or a freeing of the physical issue. The comments were the following: back and hip pain gone; pain gone from hips, fingers and elbows; shoulder pain freed; back aligned; back tension eased; hip pain improved and mental clarity increased; neck stiffness lessened; knee and foot injury better; and great dreams.

Only one person did NOT have the deep feeling of gratitude. One third felt the gratitude in every session, while most of the rest felt the deep gratitude 3-5 times. This turned out not to be a small matter for several. In some cases, the person had a change in the way they looked at life as well as how they looked at themselves.

Of the 86 percent who used the Harmonetic<sup>™</sup> Water, only one person was not affected by it. All the rest recommended the water for others.

What really surprised me were the answers to whether to continue the sessions. Of those responding, 72 percent wanted to continue the sessions. When asked for how many weeks, the most common response was 52 weeks (or ongoing). Almost half gave this answer. It should be noted, however, that I still don't have a enough people who've let me know of their intent to continue the advanced sessions, even though 79 percent said they wished to participate in the advanced sessions.

#### CONCLUSION

The results of the experiment with group sessions, paralleled the results that came out of the Belgium study where individual sessions were used. Of those returning the evaluation form, there is no question that more than 85 percent felt improvement in their lives one way or another. Indeed, so much so, that most feel continuing with the advanced sessions is warranted.

What was most revealing to me was the fact that this was not a study but an experiment that had to agenda. The free-flowing format turned out to work marvelously, and from that came rather surprising results around the hearing of tones out of nowhere (72 percent), the unexpected powerfulness of feeling deep gratitude (93 percent), and the overall improvement in physical ailments of one kind or another (75 percent).

Personally, I am pleasantly stunned by this. There is even more that is going on outside the groups because of the word-of-mouth factor. The use of the Harmonetic<sup>™</sup> Eye is proving to have eyeopening results in three medical cases. The implication is so huge, that at some point, I am going to have to introduce this information to the advanced group and show them how to use this information in their own personal lives. This factor could change the scope of the sessions in the future. I, too, have felt immense gratitude for all you have shared with me. Watching your lives change has changed mine. Consequently, this will also be a major factor used in the advanced groups. I so look forward to this journey we are taking together.

From my heart to yours, GW