

OVERVIEW

Three different statistical studies based on Harmonetic® principles have resulted in three reports showing high statistical significance resulting in participants feeling better — mentally, emotionally and physically. Dr. Lindsey Hansen-Sturm participated in one of those studies in which the eVo-360, the Xynchro-4D, and the Xynchro-5D (created by GW Hardin) were tested over a year-long period with groups of people participating in a program called “Journeys 4-Self Advancement.” The purpose of the program was to see if participants could improve their lives using what was called “cross-dimensional patterning.” The eVo-360, the Xynchro-4-D, and the Xynchro 5D were tools used to create these cross-dimensional patterns. At the finish of one of the programs, Dr. Hansen-Sturm met with GW Hardin to discuss the potential of combining the Xynchro-5D with Gyrotonic® movements as a means of furthering people’s lives even more.

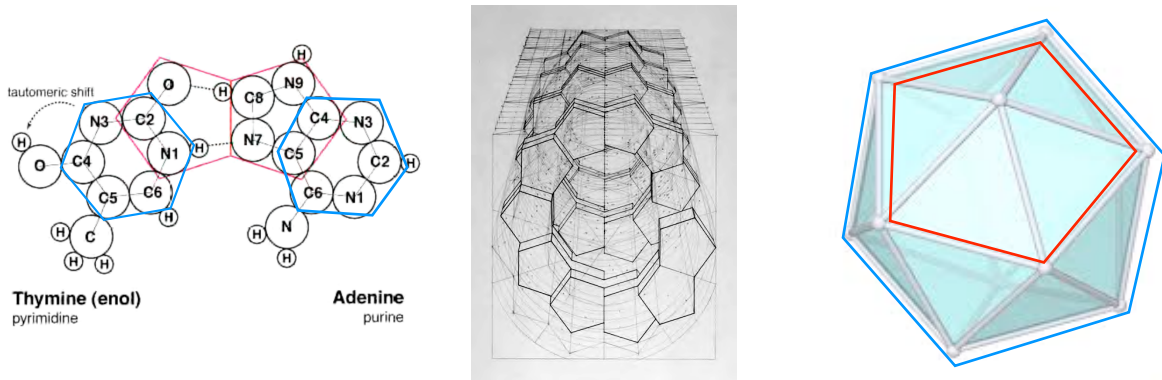
Lindsey Hansen-Sturm, DC, a chiropractor and Gyrotonic® master teacher in Boulder, Colorado, recommends Gyrotonic® classes to her patients to help speed healing. “The principles of Gyrotonic [Expansion System]® and its movements are the healthiest I’ve discovered,” she has said. “People increase their range of motion without pain, and it gives them a sense of ease within their body by releasing tension.” Juliu Horvath was the creator of the Gyrotonic Expansion System® which now has followers across the globe.

GW Hardin then developed a statistical protocol with Dr. Hansen-Sturm to test whether the combining of the Harmonetic® Xynchro-5D (spinning at high speeds) and Gyrotonic® movements could demonstrate even more improvement than previous Harmonetic® studies indicated. Indeed, the statistical results do indicate such a marriage of the Xynchro-5D and Gyrotonic® movement provides extremely significant change for the better.

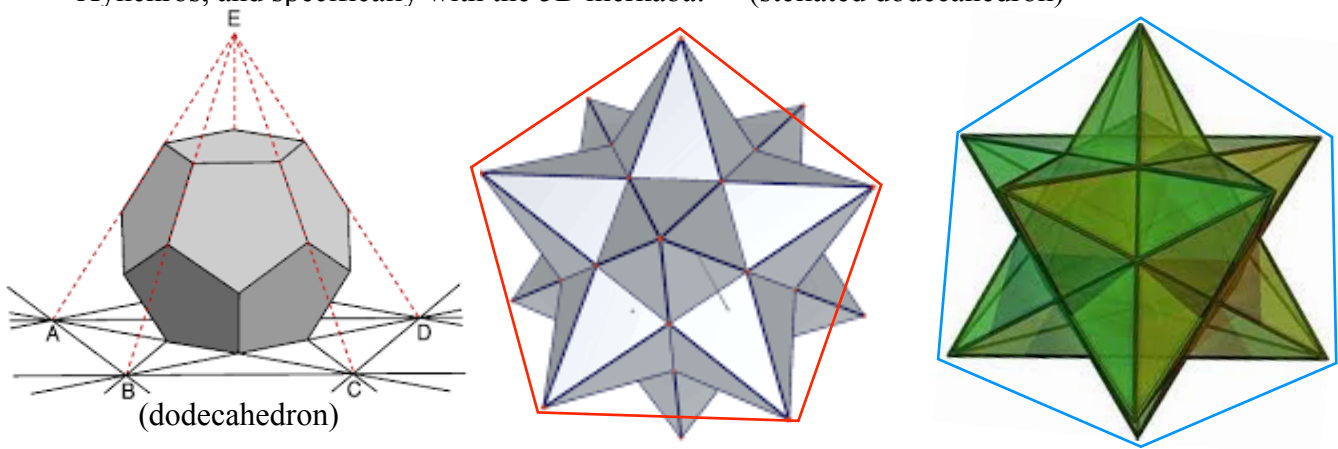
GW Hardin invented the Xynchro-5D based upon geometric patterning of the Xynchro-4D and DNA geometric structure. The 5D consists of a housing unit that spins a short-stellated dodecahedron specifically wired to turn it into a merkaba geometry. Part of the theory behind the device is that the structure creates a torsion field and scalar waves of a nature that harmonizes with the cellular and/or DNA structure in the human body when the specialized merkaba spins at a high rate. This harmonizing may cause the body to return to its optimal state, thus allowing systems within the body to return to or “remember” their patterns of wellness or, if out of balance, realign to a natural harmonious state.

What’s interesting is that the spinning geometry mimics the patterns found in DNA itself. This geometric similarity along with Fibonacci-based tonal sequencing (solfeggio) adds to the theory that the spinning of the Xynchro-5D could re-establish harmony in DNA or other cellular patterns, especially if that resonating component is a scalar. Indeed, the work done by James Oschman, PhD, (*Energetic Medicine: The Scientific Basis*, Churchill Livingstone, 2000), shows such a relationship. In Oschman’s case, he identifies soliton scalars as the communicating/ resonating medium.

The spiraling nature of DNA arranges its inherent hexagonal and pentagonal shaped nucleotides in a way that the angular spiral causes the pentagonal components to form a series of spiraling icosahedrons:



This homologous geometry creates a resonating medium in both the Xynchro-4D and the Xynchro-5D by taking the icosahedron and linking it pattern-wise with merkaba structures of the Xynchros, and specifically with the 5D merkaba: (stellated dodecahedron)



The Xynchro-5D:

