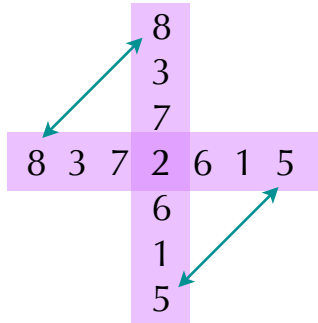


## ADDENDUM A — GATEWAY TONES

### FIRST CENTROMERE GATEWAY

ET frequencies 1 [738 372 516]



#### Giving Gates

[837 615]  
 [837 273 615]  
 [837 162 615]  
 [837 123 615]  
 [837 321 615]  
 [837 261 615]  
 [837 372 615]

#### Receiving Gates

[738 516]  
 [738 372 516]  
 [738 261 516]  
 [738 321 516]  
 [738 123 516]  
 [738 162 516]  
 [738 273 516]

#### Gate Tones Giving

[837 615]  
 [837 123 615]  
 [837 162 615]  
 [837 273 615]  
 [837 372 615]  
 [837 321 615]  
 [837 261 615]

#### Chakra

Heart  
 Root  
 Sacral  
 Solar Plexus  
 Throat  
 Third Eye  
 Crown

#### Body

Christ  
 Physical  
 Emotional  
 Mental  
 Spiritual-Mental  
 Spiritual-Emotional  
 Spiritual-Physical

#### Gate Tones Receiving

[738 516]  
 [738 123 516]  
 [738 162 516]  
 [738 273 516]  
 [738 261 516]  
 [738 321 516]  
 [738 372 516]

#### Chakra

Heart  
 Root  
 Sacral  
 Solar Plexus  
 Throat  
 Third Eye  
 Crown

#### Body

Christ  
 Physical  
 Emotional  
 Mental  
 Spiritual-Mental  
 Spiritual-Emotional  
 Spiritual-Physical